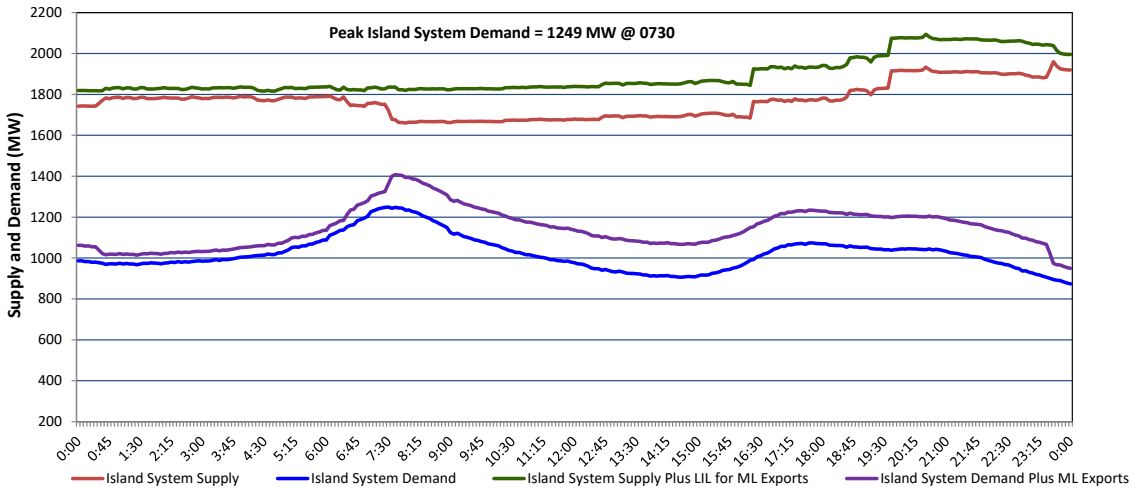
Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Friday, November 06, 2026

Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Thursday, November 05, 2026



Island Supply Notes For November 05, 2026 [1]

A	As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
B	As of 0943 hours, September 26, 2026, Holyrood Unit 3 available but not operating (150 MW).
C	As of 1348 hours, October 23, 2026, St. Anthony Diesel Plant available at 6.7 MW due to forced derating (9.7 MW).
D	As of 1700 hours, October 23, 2026, Hinds Lake Unit unavailable due to forced extension to planned outage (75 MW).
E	As of 0841 hours, November 01, 2026, Hardwoods Gas Turbine unavailable due to planned outage (50 MW).
F	At 1616 hours, November 05, 2026, Bay d'Espoir Unit 6 available (76.5 MW).
G	At 1940 hours, November 05, 2026, Upper Salmon Unit available (84 MW).

Section 2
Island Interconnected System - Supply, Demand & Outlook

Fri, Nov 06, 2026	Island System Outlook[2]		Seven-Day Forecast	Island System Daily Peak Demand (MW)	
				Forecast[8]	Adjusted[6]
Island System Supply:[4]	**1,861**	**MW**	Friday, November 6, 2026	**1,030**	**938**
NLH Island Generation:[3,7,10]	1,245	MW	Saturday, November 7, 2026	1,080	988
NLH Island Power Purchases:[5]	110	MW	Sunday, November 8, 2026	1,135	1,042
NP and CBPP Owned Generation:	195	MW	Monday, November 9, 2026	1,085	992
LIL Net Imports to Island:[9]	311	MW	Tuesday, November 10, 2026	1,110	1,017
			Wednesday, November 11, 2026	1,145	1,052
7-Day Island Peak Demand Forecast:	**1,145**	MW	Thursday, November 12, 2026	1,130	1,037

Island Supply Notes For November 06, 2026

Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. As of 0800 Hours.
3. Gross continuous unit output.
4. Gross output from all Island sources (including Note 3).
5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
8. Does not include ML Exports.
9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.
10. Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak

Thu, Nov 05, 2026	Island Peak Demand[11]	7:30	1,249	MW
	Exports at Peak		114	MW
	LIL Net Imports to Island		8,861	MWh
Fri, Nov 06, 2026	Forecast Island Peak Demand		1,030	MW

Notes: 11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).